



Rensselaer Central High School

Physical Education Verification Form

Student Name: _____ Grade (Circle): 9 10 11 12

Season (Circle): Fall Winter Spring Year: _____

Activity or Sport: _____

PE Standards Met: Coach must initial each standard mastered by student. **All** standards must be met in order to obtain a credit.

- 1. Motor Skills and Movement Patterns: Student demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities.
- 2. Movement Concepts: Student demonstrates an understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.
- 3. Health-Enhancing Physical Fitness: Student achieves and maintains a health-enhancing level of physical fitness.
- 4. Responsible Personal and Social Behavior: Student exhibits responsible personal and social behavior that respects self and others in physical activity settings.
- 5. Value of Physical Activity: Student Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

Approximate total number of hours of participation for season: _____

Comments: _____

Athletic Director Signature: _____ Date: _____

Student/Athlete Signature: _____ Date: _____

Coach Signature: _____ Date: _____

Physical Education Teacher Signature: _____ Date: _____

Recorded on Transcript by Counselor: Initials _____ Date: _____

**Upon successful completion and submission of this form, the student will earn one Physical Education credit with a letter grade of "A" at the end of the semester*