



MAY | 2017

Rensselaer Central High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast: Pancake Fruit Fresh Fruit Milk Lunch: Rib Sandwich Chili Cheese Nachos Broccoli/Salad Bar Peaches Fresh Fruit Milk	2 Breakfast: Toast Juice Fresh Fruit Milk Lunch: Quesadilla Hot Dog Refried Beans/Salad Bar Juice Fresh Fruit Milk Milk	3 Breakfast: Yogurt/Bread Item Fruit Fresh Fruit Milk Lunch: Pepperoni Pizza Stuffed Breadstick Normandy Blend/Salad Bar Mixed Fruit-Fresh Fruit Mil	4 Breakfast: Ham & Cheese Croissant Hashbrown Fruit Mil Lunch: Spaghetti Pork Fritter on Bun Gr Beans/Salad Bar Pears Fruit Breadstick Milk	5 Breakfast: Cereal w/Cracker Juice Fresh Fruit Milk Lunch; Cheeseburger Grilled Chicken on Bun Potato Item/Salad Bar Juice Fresh Fruit Milk
8 Breakfast: Waffle Fruit Fresh Fruit Milk Lunch: Ravioli w/1slice Bread Chili Cheese Nachos Peas/Salad Bar Pears Fresh Fruit Milk	9 Breakfast: Toast Juice Fresh Fruit Milk Lunch: Beef Tacos/2 Shells Hot Dog Refried Beans/ Salad Bar Juice Fresh Fruit Milk	10 Breakfast Poptart Fruit Fresh Fruit Milk Lunch: Cheese Pizza Stuffed Breadstick Winter Blend Salad Bar Applesauce Fresh Fruit Milk	11 Breakfast: Muffin Fruit Fresh Fruit Milk Lunch: Beef Stroganoff Pulled Pork on Bun Mashed Potatoes Peaches Fresh Fruit Milk	12 Breakfast: Cerealw/Cracker Juice Fresh Fruit Milk Lunch: Ham & Cheese Sandwich Cook's Choice Baby Carrots/Vegetable Juice Fresh Fruit Milk
15 Breakfast: French Toast Fruit Fresh Fruit Milk Lunch: Breaded Chicken Sandwich Normandy Blend Applesauce Fresh Fruit Milk	16 Breakfast: Toast Juice Fresh Fruit Milk Lunch: Chicken Tacos / 2 Shells Refried Beans/Vegetable Juice Fresh Fruit Milk	17 Breakfast: Cinnamon Roll Fruit Fresh Fruit Milk Lunch: Sausage Pizza Broccoli Mixed Fruit Fresh Fruit Milk	18 Breakfast: Breakfast Pizza Fruit Fresh Fruit Milk Lunch: Chicken & Noodles Mashed Potatoes Peaches Fresh Fruit Milk	19 Breakfast: Cereal w/Cracker Juice Fresh Fruit Milk Lunch: Turkey & Cheese Sandwich Celery Juice Fresh Fruit Milk
22 Breakfast: Cooks Choice Fruit Milk Lunch: Cooks Choice Vegetable Fruit Milk	23 Breakfast: Cooks Choice Lunch Cooks Choice Vegetable Fruit Milk	24	25	26
29	30	31		

News
**Senior all meal accounts
 must be paid in full before
 Graduation.**

**Please have all
 negative accounts paid
 in full before the end of
 the month.**

**Have a Fun & Safe
 Summer Break.**



**Menu Subject to
 change at any time.**