

AUGUST | 2024

Rensselaer High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 Each day student may sub Main Protein item on A-line tray for Diced Ham & Cheese for topping for Chef Salad. Or Cold Meat & Cheese Sandwich</p>	<p>30</p>	<p>31</p>	<p>1</p>	<p>2</p>
<p>5</p>	<p>6</p>	<p>7</p>	<p>8 Breakfast: UBR Fruit-Juice-Milk Lunch: Breaded Chicken on Bun Baby Carrots-Salad Bar Applesauce & Fresh Fruit Teddy Grahams Milk</p>	<p>9 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Hot Dog on Bun Baked Beans Salad Bar Fruit Cocktail & Fresh Fruit Cookie Milk</p>
<p>12 Breakfast: Pancake Fruit-Juice-Milk Lunch: Ham & Cheese Sandwich Sliced Tomato/Salad Bar Peas & Carrots Pears & Fresh fruit Milk</p>	<p>13 Breakfast: Toast Fruit-Juice-Milk Lunch: Quesadilla/Salsa Refried Beans Fiesta Bar Juice & Fresh Fruit Milk</p>	<p>14 Breakfast: Cracker-Yogurt Fruit-Juice-Milk Lunch: Cheese Pizza Broccoli Salad Bar Strawberries & Fresh Fruit Milk</p>	<p>15 Breakfast: Breakfast Pizza Fruit-Juice-Milk Lunch: Spaghetti Green Beans-Salad Bar Peaches & Fresh Fruit Breadstick Milk</p>	<p>16 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Sub Sandwich Sliced Tomato/Salad Bar Baby Carrots Juice & Fresh Fruit Goldfish Cracker Milk</p>
<p>19 Breakfast: French Toast Fruit-Juice-Milk Lunch: Chicken Nuggets Glazed Carrots Salad Bar Orange Wedges & Fruit Pretzel-Milk</p>	<p>20 Breakfast: Toast Fruit-Juice-Milk Lunch: Beef Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice & Fresh Fruit Milk</p>	<p>21 Breakfast: Muffin-Cheesestick Fruit-Juice-Milk Lunch: Pepperoni Pizza Broccoli Salad Bar Jell-O with Fruit & Fresh Fruit Milk</p>	<p>22 Breakfast: Cheese Biscuit Fruit-Juice-Milk Lunch: Chicken Noodles Mashed Potato Salad Bar Fruit Cocktail & Fresh Fruit Dinner Roll Milk</p>	<p>23 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Turkey & Cheese Sandwich Sliced Tomato/Salad Bar Normandy Blend Juice & Fresh Fruit Cookie Milk</p>
<p>26 Breakfast: French Toast Fruit-Juice-Milk Lunch: BBQ on Bun Salad Bar & Vegetable Jell-O with Fruit & Fresh Fruit Rice Kripie Milk</p>	<p>27 Breakfast: Toast Fruit-Juice-Milk Lunch: Chicken Tacos (2) Soft Shells Fiesta Bar-Cheese-Salsa Refried Beans Juice & Fresh Fruit Milk</p>	<p>28 Breakfast: English Muffin Fruit-Juice-Milk Lunch: Sausage Pizza Broccoli Salad Bar Pears & Fruit Milk</p>	<p>29 Breakfast: Bagel Fruit-Juice-Milk Lunch: Ham with Scalloped Potato Green Beans or Salad Bar Baked Apples & Fresh Fruit 2 Slices of Bread Milk</p>	<p>30 Breakfast: Cereal & Cracker Fruit-Juice-Milk Lunch: Corn Dog Baked Beans Carrots-Salad Bar Juice & Fresh Fruit Milk</p>

News Welcome Back Student's and Staff

RCSC once again will be implementing (CEP) for meals served on the National Lunch Program and School Breakfast Program for the 2024-2025 School Year. All student enrolled at RCSC are eligible to receive a healthy breakfast and Lunch at school at **No charge** each day of the 2024-2025 school year. No further action is required of you. Your child(red) will be able to participate in these meal program without having to pay a fee or submit an application.

Please note there will be no charging is allowed for Ala carte Milk or Ala carte Food.